



# Virtual care that makes healthier possible

Start using your Teladoc Health benefits





#### New

#### General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get same-day appointments with a certified clinician from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

- Allergies
- Bronchitis
- Flu
- COVID-19
- Pink eye
- Rashes
- Sinus infections
- Sore throats
- And more

#### **Mental Health**

Find support that works best for you. You can connect with a therapist 7 days a week and get a personalized plan and online content designed for you.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

Therapist free/visit
Psychiatrist free/first visit
Psychiatrist free/ongoing visits

## free/visit

### Activate your benefit and schedule your visit today

Visit Teladoc.com
Call 1-800-TELADOC (800-835-2362) | Download the app **᠖** | ♠

Teladoc Health is not available internationally.

© Teladoc Health, Inc. 2 Manhattarnville Rd. Ste 203, Purchase, NY 10577. All rights reserved. The marks and logos of Teladoc Health and Teladoc Health wholly owned subsidiaries are trademarks of Teladoc Health, Inc. All programs and services are subject to applicable terms and conditions.

586514 GN-MP-10E-H23-1\_3606560\_O\_081123\_PC